



Meet Our Providers

In Medina County

One Pollock Circle | 22001 Fairmount Boulevard | Shaker Heights, Ohio 44118
216.932.2800 | www.BellefaireJCB.org

Psychiatry: Nancy Diffenbacher



Nancy Diffenbacher MSN, CPNP-PC, PMHS
Certified Pediatric Nurse Practitioner

Nancy is a certified psychiatric nurse practitioner at Bellefaire's Medina and Lorain regional locations. Nancy holds a Bachelor of Science (BSN) in Nursing from the University of Cincinnati and her Master of Science (MSN) in Nursing from the University of Texas.

Nancy has decades of experience working with pediatric populations and in child and adolescent psychiatry. She has been a Registered Nurse (RN) in the state of Ohio since 1980, was board certified as a Pediatric Nurse Practitioner (PNCB Board) in 1985 and became board certified (PNCB Board) in 2011 as a Child and Adolescent Mental Health Practitioner. Nancy has worked in hospital systems, community mental health and in private practice settings.

Nancy works with youth and young adults ages 4-21 and specializes in the treatment of ADHD, Adjustment disorder anxiety and depression, autism spectrum disorders and educating parents about school support services.

Nancy enjoys gardening, riding her bike, and helping her daughters with vintage tea party catering.

Availability and Location: Medina and Lorain Regional Offices. Monday-Friday Telehealth appointments. Tuesday: In-person/Medina. Wednesday and Thursday: In-person/Lorain.

Outpatient Providers: Laural Neuman, Cheryl Abshire



Laural Neuman, IMFT, LPCC
Outpatient Therapist

Laural, IMFT, LPCC is an Outpatient Therapist that works with youth from 6 through age 18, helping them navigate complex mental health and behavioral challenges to foster growth and resilience. She offers individual, family, and couples therapy using an integrative approach tailored to each client's needs, drawing on DBT, CBT and Solution-Focused Therapy and Motivational Interviewing.

Laural joined Bellefaire in 2020 and is a dual-licensed therapist holding both the Independent Marriage and Family Therapist (IMFT) and Licensed Professional Clinical Counselor (LPCC) credentials, with a Master of Education in Marriage and Family Therapy from the University of Akron. Laural focuses on depression, anxiety, ADHD, grief and loss, stages of life transitions, trauma and offers LGBTQ+ affirming care. She enjoys spending time in nature, including hiking, kayaking, and beach combing.

Availability and Location: Medina Office. Monday-Friday in person and telehealth options. Evening Hours available.



Cheryl Abshire, MA, LPCC
Outpatient Therapist

Cheryl Abshire, MA, LPCC is an Outpatient Therapist that works with youth and young adults ages 6-18 years old. She primarily utilizes CBT, DBT, Motivational Interviewing, trauma-Focused CBT, Family systems and psychoeducation in her work with clients and families. Cheryl specializes in working with individuals struggling with anxiety, depression, ADHD, trauma, and self-esteem issues. Additionally, Cheryl has expertise in the field of Autism and can work with ASD youth and young adults seeking to develop and improve social and communication skills.

Cheryl joined Bellefaire in 2017 as a school-based therapist in Wadsworth and Highland School Districts before moving to the Bellefaire outpatient setting as a provider.

Cheryl holds a MA in Clinical Counseling from Ashland Seminary as well as a MA in Religious Education with a minor in Social Work from Southwestern Seminary in Fort Worth, Texas.

In her spare time, Cheryl enjoys traveling and exploring new places, photography and reading.

Availability: Monday-Thursday 11am-9pm, In-person (Medina Office) and telehealth options.